



Measure of Creative Expression						
Wellness						
3	2	1	0	1	2	3
Dedicated Activity						
3	2	1	0	1	2	3
Service to Others						
3	2	1	0	1	2	3
Relationships						
3	2	1	0	1	2	3
Resources						
3	2	1	0	1	2	3
Environment						
3	2	1	0	1	2	3
Re-Creation						
3	2	1	0	1	2	3
← Too Little	Perfect Balance			Too Much		→